

Week one

01/01 22/01 05/03 26/03

Choose a main meal...

Pepperoni Pizza on Wholemeal Base
Omelette v
Jacket Potato with a choice of Spaghetti Hoops & Cheese or Cheese

on the side...

Diced Potatoes
Baked Beans
for dessert...
Chocolate & Mandarin Sponge with Custard

Monday

Tuesday

Choose a main meal...

Chicken Korma with Rice
Cheese & Tomato Pizza on Wholemeal Base v
Jacket Potato with a choice of Beans, Cheese or Tuna Mayo

on the side...

Seasonal Vegetables
for dessert...
Jammy Flapjack

Wednesday

Choose a main meal...

Roast Turkey & Gravy
Vegetarian Sausages & Gravy v
Jacket Potato with a choice of Beans or Cheese

on the side...

Mashed Potatoes
Seasonal Vegetables
for dessert...
Iced Marble Cake

Thursday

Choose a main meal...

Beef Lasagne
Macaroni Cheese v
Jacket Potato with a choice of Beans, Cheese or Tuna & Salmon Mayo

on the side...

Garlic Roll
Seasonal Vegetables
for dessert...
Apple Crumble with Custard

Friday

Choose a main meal...

Fish Fingers
Quorn Burger v
Jacket Potato with a choice of Spaghetti Hoops & Cheese or Cheese

on the side...

Oven Chips
Seasonal Vegetables
for dessert...
Yoghurt

Week two

08/01 29/01 19/02 12/03

Choose a main meal...

*Pork Sausages
Vegetarian Sausages v
Jacket Potato with a choice of Spaghetti Hoops & Cheese or Cheese

on the side...

Mashed Potatoes
Baked Beans
for dessert...
Date & Treacle Sponge with Custard

Choose a main meal...

Chicken & Sweetcorn Hotpot
Cheese & Tomato Pizza on Wholemeal Base v
Jacket Potato with a choice of Beans, Cheese or Tuna Mayo

on the side...

Seasonal Vegetables
for dessert...
Yoghurt

Choose a main meal...

Roast Chicken & Gravy
Vegetarian Mince Pie & Gravy v
Jacket Potato with a choice of Beans or Cheese

on the side...

Roast Potatoes
Seasonal Vegetables
for dessert...
Pineapple Cake

Choose a main meal...

Beef Bolognese
Vegetarian Meatballs in Tomato Sauce v
Jacket Potato with a choice of Beans, Cheese or Tuna Mayo

on the side...

Pasta
Seasonal Vegetables
for dessert...
Pancake with Mandarin Segments

Choose a main meal...

Smarticumb Fish Cake
Baked Bean Lasagne v
Jacket Potato with a choice of Baked Beans or Cheese

on the side...

Diced Potatoes
Seasonal Vegetables
for dessert...
Lemon Drizzle Cake

Week three

15/01 05/02 26/02 19/03

Choose a main meal...

Cheese & Tomato Pizza on Wholemeal Base v
Omelette with Jacket Wedges v
Jacket Potato with a choice of Spaghetti Hoops & Cheese or Cheese

on the side...

Baked Beans
for dessert...
Chocolate Fruit Sponge with Custard

Choose a main meal...

Beef Meatballs in Tomato Sauce with Rice
Cheese & Tomato Pasta Bake v
Jacket Potato with a choice of Beans, Cheese or Tuna Mayo

on the side...

Seasonal Vegetables
for dessert...
Sticky Toffee Cake

Choose a main meal...

*Pork Loth with New Potatoes & Gravy
Vegetable Hot Pot v
Jacket Potato with a choice of Beans or Cheese

on the side...

Seasonal Vegetables
for dessert...
Lemon Crunch Cookie

Choose a main meal...

Mince Beef & Dumplings
Cheese & Tomato Pizza on Wholemeal Base v
Jacket Potato with a choice of Beans, Cheese or Tuna Mayo

on the side...

Seasonal Vegetables
for dessert...
Mixed Fruit Crumble with Custard

Choose a main meal...

Fish Fingers
Vegetarian Cowboy Stew v
Jacket Potato with a choice of Spaghetti Hoops & Cheese or Cheese

on the side...

Diced Potatoes
Seasonal Vegetables
for dessert...
Yoghurt

WE SUPPORT
82 BRITISH
DAIRY
FARMS



We only use
Lion Quality
British Eggs

FARM TO FORK
We can trace every
cut of meat back to
the farms of origin

ALL OUR
BREAD IS

FRESHLY BAKED
EVERY DAY

All our
bananas are
FAIRTRADE



REDUCING OUR
CARBON
FOOTPRINT
OVER 30%
of our products are
transported by vehicles
that run on bio diesel

FRESH SALAD
IS AVAILABLE ON
A DAILY BASIS

WE
BUY
95%
of our seasonal
vegetables
direct from
British growers

Our chicken
and milk
are Red
Tractor
approved

